

## HEALTHY GARDENING GROUP GROW FUND

### Small Grants for Healthy Gardening

Before filling in this form, please read the guidelines carefully. They will help you fill in the application form. Please answer ALL the questions.

1. Name of your group:

2. Contact Person's name:

Position (if any) in group:

3. Address for correspondence:

4. Daytime telephone number:

Any other useful telephone number:

e-mail address:

### NOW TELL US ABOUT YOUR GROUP

5. What does your group do? Please mention any relevance to health.

6. How long have you been meeting? New group/3-6 months/6 months-1 year/1-2 years/2 years +

7. If you are a new group, are you experienced gardeners?  yes/no

If no, do you have anyone who can give you help and advice with this project?

8. How many people are involved with the group?

9. How is your group run:

- |   |        |
|---|--------|
| Does your group have regular meetings?    | yes/no |
| Does your group keep minutes of meetings? | yes/no |
| Does your group have a constitution?      | yes/no |
| Is your group open to new members?        | yes/no |
| Is your group open to anyone?             | yes/no |

If you restrict membership of your group to certain people, please explain:

Who?

Why?

10. Do you have an Equal opportunities policy? yes/no

Whatever the answer to the above, tell us how you try and operate in a way which promotes equal opportunities for everyone, and try to involve groups of people who experience particular inequalities or discrimination.

#### THE PROJECT YOU ARE REQUESTING FUNDING FOR

11. Describe the project you are requesting funding for:

12. What are the aims of the project, and how will it improve the health of those involved?

13. Will it be aimed at any particular area of the city? If 'yes', which?

Will it be aimed at a particular group of people? If 'yes', which?

14. How will you measure the success of your project?

15. When do you intend to start?

How long will the project last?

From:

To:

## FUNDING

16. For what are you asking funding?

- Tools/equipment (Please check note in guidelines)
- Training
- Materials (seeds, building materials, etc)
- Other
- Support services (transport, childminding etc)

Please give us FULL details of what you are requesting funding for, and why.

List all items and their likely cost e.g. if you are applying for the cost of equipment. If you are applying for the cost of sessional workers, we need to know how many hours they will be employed for, what cost per hour/session etc. Make sure that you refer to the guidelines to see what we will not fund.

Continue on a separate sheet if necessary.

17. How much money are you asking Healthy Sheffield for? (Please note maximum in guidelines).

18. Have you applied for the cost of these items from anywhere else? yes/no

If 'yes', where from?

19. Is this the total cost of the project described above?

If the cost is more than this, where do you intend to get the rest from?

20. What is the minimum amount of money you can operate your project on? How will you manage to do this?

21. Have you received a grant from the Grow fund before? yes/no

If 'yes', when?

Have you sent us a report? yes/no

22. In what name is your bank account? (same as group name/name of project?)

Signed:

Date:

You are welcome to enclose any additional information to support your application e.g. leaflets, posters, reports.

Don't worry if you are a new group and haven't got anything to send.

If you need help with this form, please contact Healthy Sheffield on the telephone numbers below.

Please return to:  
Healthy Gardening Group  
c/o 243 The Wheel, Ecclesfield, Sheffield S35 9ZA  
Telephone: 0114 245 0200 e-mail: [compost@vip.solis.co.uk](mailto:compost@vip.solis.co.uk)

## HEALTHY Gardening Group GROW FUND: Guidelines

Small grants to help gardening for health and well-being

### What is the Grow Fund?

The Grow Fund provides small grants to support community gardening initiatives. It is administered by the Healthy Gardening group, which is a coalition of voluntary and statutory groups. The Fund has following key aims:

#### Environmental sustainability - improving and protecting the environment

To support projects which will protect and improve the environment and which will have long term benefits

#### Improving people's health and reducing inequalities

To try to open up opportunities for different sections of society to enjoy good health

#### Empowerment

Helping people do things for themselves - especially those who are the most discriminated against

#### Involving people

To support and enable people to play an active role in decision-making about services which affect their lives and health.

### What activities will Grow Grants fund?

Any project will have to demonstrate a commitment to the four key aims. Money is available for food growing projects which do one or more of the following:

Include food production (vegetables/fruit/herbs) and/or those projects which promote well-being through beauty (flowers/shrubs/trees) and leisure activities (open spaces/play areas).

Environmentally friendly projects which promote organic gardening and recycling.

Projects which help spread skills and good practice in gardening - training courses, skill-sharing schemes, safety courses, publications.

Grants can also pay for basic gardening necessities - space, tools, seeds etc.

(Please see extra note overleaf for details on funding tools and equipment)

If your group is seeking funds to buy tools or equipment to help carry out your project we may be able to help by putting you in touch with groups who can lend tools and equipment.

If for some reason you are not able to borrow the tools and equipment, please state why and we may be able to fund your request. We will then ask you to confirm that you would be prepared, wherever practical, to lend the tools and equipment to other groups undertaking healthy gardening projects in the city.

## Who Can Apply?

Applications to the Grow Grant Fund will need to fit the following criteria:

Be part of a community group or voluntary organisation

Help counter health inequalities by demonstrating links to improved health by:

relating to a geographical area of the city which experiences social conditions linked to ill health e.g. poverty, unemployment, inadequate housing, poor environment.

and/or

relating to a group or people who suffer disadvantage, e.g. through unemployment, disability or discrimination

The group receiving the grant should be run along democratic and accountable lines and be open and welcoming to new members.

The group must operate in a non-judgmental way and actively challenge prejudice, oppression, and discrimination.

If the group are inexperienced gardeners, you will have to show how you will get advice and support.

## How Much Money is Available?

Grants can be for anything up to £200 maximum. Most grants will be in the region of £100.

## Conditions

Should a grant application be successful, the group should be prepared to open a bank account in its own name, if it doesn't already have one.

The group must keep records of income, expenditure and receipts. Healthy Gardening Group reserve the right to monitor and evaluate how the grant has been used.

Successful participants will be asked to complete a form explaining how the money was spent and whether the group achieved what it wanted from the grant. Future applications will not be considered unless we have a report.

Healthy Gardening Group needs to be acknowledged, where appropriate, when it has helped fund activities.

Where the application is for costs for printing materials, e.g. leaflets, we need to see a draft copy before approving the grant.

Grow Grants do not Fund:

Individuals

Statutory bodies

Capital or revenue costs of large projects

Groups and activities outside the City

What happens to your form when you send it in?

The Grow Grants panel will normally discuss applications twice a year, so that grants can be made in late Winter and early Autumn. Decisions will be made on the basis of these Guidelines and according to how much money is available. The panel is made up of representatives from voluntary and community gardening projects, Sheffield Health and Sheffield City Council.

The closing date for applications is 20 October 2000

The panel meets approximately two weeks after the deadline, so you will not hear from us until about four weeks after the deadline. When we have made a decision, we will write to you within 10 working days.

If you have problems with completing the form, please contact us. We will try to put you in touch with a member of the Healthy Gardening Group who can help you.

For more information contact:

Healthy Gardening Group  
c/o Richard Clare  
41b Burns Road  
Sheffield S6 3GL

or

Rose Tanner  
243 The Wheel,  
Ecclesfield, S35 9ZA

Telephone: 0114 268 6727

0114 245 0200