

Herbs Notes

Significance then and now Edwardian

Traditions

Synergy > Extracts / Concentrates

Prescribe living plant

Foraging Wild / Locally available

Repertoire

Growing

Harvesting / Processing

Preparing

Herbalists

Slides:

Attractants / Companions

Cooking and Eating

Culinary / Edible

Daily

Functional

Teas - mints

Medicinal

Poisons

Intoxicants

Exotics